





# Help Improve Pain for Kids and Teens with Neurodevelopmental Disabilities

Join our Priority Setting Project Steering Committee

We're bringing together youth, caregivers, healthcare professionals, community organizations, and policy makers to identify the top priorities to improve pain (such as medical procedures, headaches, stomach aches, muscle pains, injuries, surgeries, etc.). Together as a team, we will find out what hasn't been answered yet and decide what needs to be tackled first. It's all about making sure the right issues get the attention they deserve!

#### How much time will it take?

Approximately **six meetings** (1-2 hrs each) over 12 months, **starting summer 2025** 

#### What would I be asked to do?

- Attend and contribute to meetings held online or in accessible locations.
- Respond to emails.
- Reading some information before meetings.

## Is it suitable for a beginner?

Yes. To be included, you do not have to have been part of research before!

### What makes this project different?

We're including people and communities who often aren't included in research and care about pain (e.g., racialized, immigrant, LGBTQIA+, rural, people who don't communicate verbally, etc.).

Co-creation and meaningful engagement

including inclusive communication to accommodate diverse needs.

**Transparency and accountability** by maintaining open communication and sharing what we learn.

Help us build this together—what would make it meaningful for you?

## **Opportunity**

We are looking for youth aged 14-23 years old with a neurodevelopmental disability, caregivers, health professionals, community organizations and policy makers.

Youth and parents will receive financial compensation. Community organizations will receive support for the contributions of health professionals and community workers.

This project is led by Dr. Katie Birnie and Dr. Melanie Noel who are researchers and clinicians at the University of Calgary. This project is funded by the Alberta Children's Hospital Foundation. **To apply to be on this steering committee** please contact project coordinator Sean Lindsay at sean.lindsay1@ucalgary.ca











