

Creating Opportunities to Enhance Implementation Work

A Reflection Tool



About this Tool

What is the purpose of this tool?

This tool accompanies the resource, *"Applying implementation science: challenges and opportunities for KBH+ funded projects"*. It serves as a reflection tool and monitoring document to help KBH+ funded individuals and teams capture their strengths and opportunities in the 10 common areas for improvement described in *"Applying implementation science: challenges and opportunities for KBH+ funded projects"*.

Who is the tool intended for?

Individuals and teams funded by KBH+ who are planning/developing their implementation projects and/or strengthening existing initiatives.

When would this tool be used?

This tool can be used within team meetings or during individual reflection time before the initiative starts and throughout the duration of the initiative. The tool can be used as a living document; it can be completed over time and revisited as needed to continue to help refine implementation work.

Individual & Team Reflection Space

Instructions

- 1 As an individual or with your team, **build in time to read the resource, “*Applying implementation science: challenges and opportunities for KBH+ funded projects*,” and reflect on the ten areas for improvement.** You may be able to reflect on these in one reflection session, or you may want to break your reflection up into multiple sessions.
- 2 As you review each area for improvement, **use the reflection questions provided in the “*Applying implementation science: challenges and opportunities for KBH+ funded projects*” resource to drive your discussion/reflection.**
- 3 **Use this tool to document your team discussion/personal reflections** as they pertain to the following prompts:
 - a. Have we encountered any of these pitfalls? In what ways and why?
 - b. What strengths do we have in this area?
 - c. What can we incorporate immediately into our plan?
 - d. What should we put in a ‘parking lot’ for later?
- 4 **Plan to revisit the document in future meetings.** We suggest saving it as a dated version and reviewing and updating it every few months.

Area for Improvement	Have we encountered any of these pitfalls? In what ways and why?	What strengths do we have in this area?	What can we incorporate immediately into our plan?	What should we put in a 'parking lot' for later?
<p>Selecting appropriate TMFAs</p>				
<p>Selecting appropriate implementation study designs</p>				

Area for Improvement	Have we encountered any of these pitfalls? In what ways and why?	What strengths do we have in this area?	What can we incorporate immediately into our plan?	What should we put in a 'parking lot' for later?
Embedding equity				
Role clarification and engagement				

Area for Improvement	Have we encountered any of these pitfalls? In what ways and why?	What strengths do we have in this area?	What can we incorporate immediately into our plan?	What should we put in a 'parking lot' for later?
Adaptations				
Applying the RE-AIM framework and selecting outcomes				

Area for Improvement	Have we encountered any of these pitfalls? In what ways and why?	What strengths do we have in this area?	What can we incorporate immediately into our plan?	What should we put in a 'parking lot' for later?
Cost evaluation				
Sustainability				

Area for Improvement	Have we encountered any of these pitfalls? In what ways and why?	What strengths do we have in this area?	What can we incorporate immediately into our plan?	What should we put in a 'parking lot' for later?
Implementation support infrastructure				
Scaling				